

# Global Financial Wellness

Book Club and Online Resources

Club de lecture et Ressources en ligne / Club de lectura y Recursos en línea



Please find below a collection of general, regional, and country-specific resources that we've compiled based on input from financial experts around the globe. We hope you find these resources useful in supporting your financial learning and journey.

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Country Pays/País	Book Resources Ressources de livre/Recursos del libro	Online Resources Ressources en ligne/Recursos en línea
General / Global	<ul style="list-style-type: none"> <li>• <i>The Second Machine Age: Work, Progress, and Prosperity in a Time of Brilliant Technologies</i> by Erik Brynjolfsson and Andrew McAfee</li> <li>• <i>Millionaire Expat</i> by Andrew Hallam</li> <li>• <i>Dollars and Sense: How We Misthink Money and How to Spend Smarter</i> by Dr. Dan Ariely and Jeff Kreisler</li> <li>• <i>The Psychology of Money: Timeless Lessons on Wealth, Greed, and Happiness</i> by Morgan Housel</li> <li>• <i>Secrets of the Millionaire Mind: Mastering the Inner Game of Wealth</i> by T. Harv Eker</li> <li>• <i>Financial Wellness and How to Find It</i> by Melanie Eusebe</li> <li>• <i>Good Money: Understand your choices. Boost your financial wellbeing.</i> by Nathalie Spencer</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Global Financial Literacy Excellence Center (GFLEC) - Personal Finance Course</a></li> <li>• <a href="#">International Labour Organization (ILO) - List of financial education training materials</a></li> </ul>
Asia Pacific Region	<ul style="list-style-type: none"> <li>• <i>Financial Wellness in the Asia Pacific</i> by Badri Narayanan Gopalakrishnan</li> <li>• <i>The Asian Financial Crisis and the Architecture of Global Finance (Cambridge Asia-Pacific Studies)</i> by Gregory W. Noble and John Ravenhill</li> </ul>	Refer to the global section or the section of your specific country.
European Union	Refer to the global section or the section of your specific country.	<ul style="list-style-type: none"> <li>• <a href="#">European Commission - Financial literacy</a></li> </ul>

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Australia	<ul style="list-style-type: none"> <li><i>The Barefoot Investor</i> by Scott Pape</li> <li><i>Sort Your Money Out: and Get Invested</i> by Glen James</li> </ul>	<ul style="list-style-type: none"> <li><a href="#">Australian Government - various resources</a></li> <li><a href="#">Government of South Australia - Financial wellbeing</a></li> <li><a href="#">Australian Government - Financial wellbeing</a></li> <li><a href="#">Financial Basics Foundation</a></li> </ul>
Belgium België / Belgique / Belgien	<ul style="list-style-type: none"> <li><i>Personal Finance met Thomas Guenter</i> by Thomas Guenter</li> <li><i>De 100 kapitale vragen van Paul D'Hoore : over mensen en geld</i> by Paul D'Hoore</li> </ul>	Refer to the global section for additional resources.
Brazil / Brasil	<ul style="list-style-type: none"> <li><i>A Psicologia do Dinheiro</i> by Morgan Housel</li> <li><i>Me Poupe! - 10 passos para nunca mais faltar dinheiro no seu bolso</i> by Nathalia Arcuri</li> <li><i>Do Mil ao Milhão. Sem Cortar o Cafezinho</i> by Thiago Nigro</li> <li><i>Os segredos da mente milionária: Aprenda a enriquecer mudando seus conceitos sobre o dinheiro e adotando os hábitos das pessoas bem-sucedidas</i> by T. Harv Eker</li> </ul>	<p>Refer to the global section for additional resources.</p> <p>Para saber sobre outros recursos, consulte a seção global.</p>
Canada	<ul style="list-style-type: none"> <li><i>The Rule of 30: A Better Way to Save for Retirement</i> by Frederick Vettese</li> </ul>	<ul style="list-style-type: none"> <li><a href="#">Government of Canada - Financial literacy programs</a></li> </ul>

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Chile	<ul style="list-style-type: none"> <li>• <i>Con Peras y Finanza\$: Cómo invertir tus ahorros y generar más lucas</i> by Francisco Ackermann</li> <li>• <i>Hablemos de plata</i> by Javiera Quiroga</li> </ul>	<p>Refer to the global section for additional resources.</p> <p>Busque más recursos en la sección internacional.</p>
China / Zhōngguó (中国)	<p>Refer to the global section for additional resources.</p> <p>请参阅全球部分以获取更多资源。</p>	<ul style="list-style-type: none"> <li>• <a href="#">Fidelity International Hong Kong - Planning for Life Events</a></li> </ul>
Estonia / Eesti Vabariik	<ul style="list-style-type: none"> <li>• <i>Rikkaks saamise õpik : teadmised rahast, mida Sulle koolis ei õpetatud!</i> by Jaak Roosaare</li> <li>• <i>Kuidas alustada investeerimisega?</i> by Kristi Saare</li> <li>• <i>Tasuta lõunaid pole olemas</i> by Peeter Koppel</li> </ul>	<p>Refer to the global section for additional resources.</p>
France	<p>Refer to the global section for additional resources.</p> <p>Veillez vous reporter à la section « global » pour de plus amples ressources.</p>	<ul style="list-style-type: none"> <li>• <a href="#">La finance pour tous - Le site pédagogique sur l'argent et la finance</a></li> </ul>
Germany / Deutschland	<ul style="list-style-type: none"> <li>• <i>Financial Wellbeing: Die 10 Money- und Mindset-Bausteine für ein krisenfestes, glückliches und erfolgreiches Leben (Dein Erfolg)</i> by Thomas Mathar</li> <li>• <i>Financial Wellness: Dein Trainingsplan für stressfreie Finanzentscheidungen</i> by Klaus Möller, Holger R. Rhode, and Thomas Höricht</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Fidelity International Germany - Wissen</a></li> <li>• <a href="#">Federal Government of Germany - Financial Literacy Initiative</a></li> </ul>

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India / भारत (Bhārat)	<ul style="list-style-type: none"> <li>• <i>Make Epic Money</i> by Ankur Warikoo</li> <li>• <i>Value Investing And Behavioral Finance: Insights Into Indian Stock Market Realities</i> by Parag Parikh</li> <li>• <i>Let's Talk Money: You've Worked Hard for It, Now Make It Work for You</i> by Monika Halan</li> <li>• <i>Retire Rich: Invest Rs.40 A Day</i> by P V Subramanyam</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Outlook India - Financial planning</a></li> <li>• <a href="#">Reserve Bank of India - Financial Education Initiative</a></li> </ul>
Israel / ישראל	Refer to the global section for additional resources.	<ul style="list-style-type: none"> <li>• <a href="#">Paamonim</a></li> </ul>
Italy / Italia	Refer to the global section for additional resources.  Fare riferimento alla sezione globale per risorse aggiuntive.	<ul style="list-style-type: none"> <li>• <a href="#">Bank of Italy - Economics for everyone</a></li> </ul>
Japan  ほん (Nihon) / 日本 (Nippon)	Refer to the global section for additional resources.  追加の参考資料については、グローバルセクションをご参照ください。	<ul style="list-style-type: none"> <li>• <a href="#">Fidelity International Japan - Insights</a></li> <li>• <a href="#">Fidelity International Japan - Overview of the J-FLEC</a></li> <li>• <a href="#">Sumitomo Mitsui Financial Group - Financial Literacy Education</a></li> </ul>
Malaysia	<ul style="list-style-type: none"> <li>• <i>In/Outcome: Manage Your Income &amp; Achieve Great Financial Outcome</i> by Amelia Hong, CFP</li> </ul>	Refer to the global section for additional resources.

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Mexico / México	<ul style="list-style-type: none"> <li>• <i>El Negociador</i> by Arturo Elías Ayub</li> <li>• <i>Invirtiendo y entendiendo: fondos de inversión</i> by Edgar Arenas</li> <li>• <i>Vivir como reina y gastar como plebeya</i> by Regina Reyes Heroles</li> <li>• <i>Lo que debes saber de dinero antes de cumplir 40</i> by Roberto E. Morán</li> <li>• <i>Educación financiera avanzada partiendo de cero</i> by Gregorio Hernández Jiménez</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Hispanic Federation - Financial Education Resources</a></li> </ul>
Netherlands / Nederland	<ul style="list-style-type: none"> <li>• <i>Basisboek Socialezekerheidsrecht</i> by Mr.dr.s. I.A.M. van Boetzelaer-Gulyas</li> <li>• <i>Socialezekerheidswetgeving</i> by Mr. P.S. Fluit</li> <li>• <i>Gevonden geld</i> by Annemarie van Gaal</li> </ul>	<p>Refer to the global section for additional resources.</p> <p>Zie de globale sectie voor meer hulpbronnen.</p>
Poland / Polska	<ul style="list-style-type: none"> <li>• <i>Kobieta i pieniądze: 7 kroków edukacji finansowej dla kobiet</i> by Dominika Nawrocka</li> <li>• <i>Ekspertka</i> by Dominika Nawrocka</li> <li>• <i>Niezależność finansowa i emocjonalna dla kobiet</i> by Anna Łukaszyn</li> <li>• <i>Well-being Finansowy: Dlaczego Jest W Interesie Pracodawcy?</i> by Monika Smulewicz</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Society for Promotion of Financial Education of Gdynia (SKEF)</a></li> </ul>
Portugal	<ul style="list-style-type: none"> <li>• <i>Ganhar Dinheiro – Como Criar Riqueza Com um Salário Normal</i> by Pedro Anderson</li> <li>• <i>Aprender a Investir</i> by Pedro Santos</li> <li>• <i>Multiplique o Seu Dinheiro</i> by Ariana Nunes</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Youtube channel - "A Cor Do Dinheiro"</a></li> </ul>

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Romania / România	Refer to the global section for additional resources.  Pentru resurse suplimentare consultați secțiunea globală.	<ul style="list-style-type: none"> <li>• <a href="https://bnr.ro">Banca Națională a României - Financial education (bnr.ro)</a></li> </ul>
United Kingdom	<ul style="list-style-type: none"> <li>• <i>The Money Diet</i> by Martin Lewis</li> <li>• <i>The Three Most Important Lessons You've Never Been Taught</i> by Martin Lewis</li> <li>• <i>Your Money Matters</i> by Young Publishing</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Fidelity International UK- Content Hub</a></li> <li>• <a href="#">Money and Pensions Service - What is financial wellbeing?</a></li> <li>• <a href="#">MoneyHelper - Free and impartial help with money, backed by the government</a></li> <li>• <a href="#">Retail Trust - Financial wellness resources</a></li> <li>• <a href="#">Money Saving Expert - Energy Help, Credit Cards, Flight Delays, Shopping and more</a></li> </ul>
United States	<ul style="list-style-type: none"> <li>• <i>The Total Money Makeover: A Proven Plan for Financial Fitness</i> by Dave Ramsey</li> <li>• <i>I Will Teach You to Be Rich: No Guilt. No Excuses. No BS. Just a 6-Week Program that Works</i> by Ramit Sethi</li> <li>• <i>A Random Walk Down Wall Street: The Best Investment Guide That Money Can Buy</i> by Burton G. Malkiel</li> <li>• <i>The Little Book of Common Sense Investing: The Only Way to Guarantee Your Fair Share of Stock Market Returns (Little Books, Big Profits)</i> by John C. Bogle</li> </ul> <p>See next page for more book resources.</p>	<ul style="list-style-type: none"> <li>• <a href="#">Fidelity Investments - Retirement Plans, Investing, Brokerage, Wealth Management, Financial Planning and Advice, Online Trading</a></li> <li>• <a href="#">MyMoney MyMoney.gov - Tools</a></li> <li>• <a href="#">OCC.gov - Financial Literacy Resource Directory</a></li> </ul>

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United States (Continued)	<ul style="list-style-type: none"> <li>• <i>One Up On Wall Street: How to Use What You Already Know to Make Money in the Market</i> by Peter Lynch with John Rothchild</li> <li>• <i>The Millionaire Next Door: The Surprising Secrets of America's Rich</i> by Thomas J. Stanley Ph.D. and William D. Danko Ph.D.</li> <li>• <i>How to Retire: 20 Lessons for a Happy, Successful, and Wealthy Retirement</i> by Christine Benz</li> <li>• <i>Broke Millennial: Stop Scraping By and Get Your Financial Life Together</i> by Erin Lowry</li> <li>• <i>The Simple Path to Wealth: Your Road Map to Financial Independence and a Rich, Free Life</i> by JL Collins</li> <li>• <i>Smart Women Finish Rich</i> by David Bach</li> <li>• <i>Your Money or Your Life: 9 Steps to Transforming Your Relationship with Money and Achieving Financial Independence</i> by Vicki Robin and Joe Dominguez</li> <li>• <i>Financial Feminist</i> by Tori Dunlap</li> </ul>	See previous page for online resources.

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तृतीय-पक्ष की वेबसाइट के लिंक इस पृष्ठ पर शेयर किए जा सकते हैं। वे साइटें Fidelity से संबद्ध नहीं हैं। Fidelity असंबद्ध साइटों पर दी गई विषय-सामग्री तैयार करने में शामिल नहीं होता है और इसकी विषय-वस्तु की गारंटी या इसकी कोई ज़िम्मेदारी नहीं लेता है।

यह जानकारी समझाने के इरादे से दी गई है और किसी विशेष निवेशक की निवेश ज़रूरतों के अनुसार तैयार नहीं की गई है।

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