I’m taking part - The CiscoPavelka Global Well-Being Challenge is coming soon!

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This is where we Connect!

This is who we can be!

This is where healthy collaboration happens!

The CiscoPavelka Global Well-Being Challenge is coming soon – and it’s all about The Four Elements: Eat, Sweat, Think, Connect.

In preparation for the challenge, I am creating a team of four and would love to invite you to take part or even create your own team.

Find out more about the challenge, and see how to take part, [here](https://pavelkahouse.com/global-challenge/).